

NIC CAMPUS RESOURCES

If you have a question, please contact us via Questions@nic.bc.ca or by calling 1-800-715-0914

Advising Services (including Financial Aid)	Additional resources: www.nic.bc.ca/student-services/advising
Indigenous Navigators	Additional info: https://www.nic.bc.ca/indigenous-students/indigenous-advisors/
Elders in Residence	Additional info: www.nic.bc.ca/indigenous-education/elders-in-residence
Early Assist	Early Assist is a 'one-stop shop' that connects students with campus and community resources. Students can connect directly with the Early Assist Team by emailing earlyassist@nic.bc.ca
Counselling Services	Additional resources: www.nic.bc.ca/student-services/counselling
Department of Accessible Learning Services	Additional resources: www.nic.bc.ca/student-services/accessible-learning-services
North Island Student Association (NISU)	NISU Organiser: 250-334-5000 ext. 4190 or email organiser@nisu.ca
Student Employment Services	Additional resources: www.nic.bc.ca/careercentral
Thrive at NIC	For information about activities and events to support connection, fun, and encourage positive physical and mental health, visit https://www.nic.bc.ca/about-us/nic-news/news/thriving-in-action-at-nic/
Student Rights and Responsibilities	Find out more about your rights and responsibilities and how our NIC College community works together to ensure all of us enjoy a welcoming and respectful learning and working environment: https://www.nic.bc.ca/student-life-support-services/student-life/rights-responsibilities/

SERVICES FOR INTERNATIONAL STUDENTS

You may contact us by emailing angie.price@nic.bc.ca or by calling 250-334-5021

Office of Global Engagement (OGE) Emergency Contacts	Angie Price, Manager, International Student Services: 250-334-5021 or 250-897-8032
International Student Advising	isa@nic.bc.ca
Peer Connector Program	globalengagement@nic.bc.ca
International Accommodations	nicinfo@canadahomestaynetwork.ca

<p>Student Technical Services: <i>Students can receive assistance, with NIC technology including Blackboard, myNIC, Microsoft Office, printing, etc.</i></p>	<p>Call us at 250-334-5010 Outside CV call: 1-800-715-0914 ext. 5010 Schedule online appointments at: https://library.nic.bc.ca/studenttech/Contact</p>
<p>Writing Support: writing@nic.bc.ca</p>	<p>Writing support is available to all students. Schedule an online appointment at: https://library.nic.bc.ca/WritingSupport <i>WriteAway</i> is a free online service for NIC students. Trained Tutors from participating institutions across the province will review online submission. Submit your paper at https://library.nic.bc.ca/WritingSupport</p>
<p>Math Support</p>	<p>Schedule an online appointment at https://library.nic.bc.ca/MathSupport</p>
<p>Peer Tutors: <i>request Peer tutors Every effort will be made to identify tutors in different subject areas and connect them with students for online appointments.</i></p>	<p>Email: tutoring@nic.bc.ca Students can book appointments with tutors directly at https://library.nic.bc.ca/PeerTutoring</p>
<p>Research Support <i>(During LLC Hours)</i></p>	<p>Available by phone, email, virtual meeting, in person and through AskAway Online Chat. For more info or to book appointments: https://library.nic.bc.ca/researchhelp</p>

CAMPUS-SPECIFIC RESOURCES: Security & First Aid

CAMPBELL RIVER

Security (after hours)	Phone: 250-202-5941
First Aid	Phone: ##12 or from cell phone call: (250)202-5941 After hours: same number

COMOX VALLEY

Security (after hours)	Phone: 250-334-7206
First Aid	Phone: ##11 or from cell phone call (250)897 8811 After hours: landline - ##24 or cell - (250)334-7206

MIXALAKWILA

Security (after hours)	Phone: 250-230-2835
First Aid	Phone: 250-230-2835 After hours: same number

PORT ALBERNI

Security (after hours)	Phone 250-735-0626
First Aid	Phone: 250-723-0626

COMMUNITY SUPPORTS

STUDENTS IN DISTRESS/EMERGENCIES

In an emergency, call 911.

If you are in crisis and NIC support is unavailable, consider calling:

Vancouver Island Crisis Line	1-888-494-3888
Crisis Suicide Helpline	1-800-SUICIDE or 1-800-784-2433
Kids Help Phone	Text: 686868 (24-hour text support) Phone: 1-800-668-6868
BC211	Full list of community services available across BC. Dial 211 on BC landline or cellphone, or go to: https://bc.211.ca/
Here2Talk	24/7 counselling support for post-secondary students: 1-877-857-3397
Metis Crisis Line	Phone: 1-833-638-4722
Kuu-Us Crisis Line	Crisis line for Aboriginal callers: 1-800-588-8717

LOCAL SUPPORTS

Port Alberni	List of community resources: https://bc.211.ca/ Employment Resource: https://avemployment.ca/links/community-resources Foodbank: 250-723-6913 https://albernivalleysa.ca/community-food-bank/
Mixalakwa (Port Hardy)	List of community resources: https://bc.211.ca/ Foodbank: 250-902-0332 https://harvestfoodbank.org/
Campbell River	List of community resources: https://bc.211.ca/ Community Health: https://campbellriver.fetchbc.ca/index.html Foodbank: 250-286-3226 https://campbellriverfoodbank.com/food-bank
Comox Valley	List of community resources: https://bc.211.ca/ Pathways Comox Valley: https://comox-valley.pathwaysbc.ca/ Foodbank: 250-338-0615 https://comoxvalleyfoodbank.ca/

ADDITIONAL RESOURCES

PERSONAL SUPPORTS

Anxiety Canada	Resources for recognizing and managing anxiety.
Mind Shift	A free mobile app from Anxiety Canada with strategies to deal with anxiety.
Booster Buddy	A free mobile app to help young people improve their mental health.
Vancouver Island Crisis Society	Provides text and chat support options.
Vancouver Island Queer Resource Collective	Aim to help queer folk from all walks of life find the resources and support they need and to help themselves grow their selves and their communities, no matter what background they're coming from or where they fall under the rainbow.
Youthspace	Online chat and e-counselling for youth under 30.

INDIGENOUS SUPPORTS

Kuu-Us Crisis Line	Crisis line for Aboriginal callers: 1-800-588-8717
Metis Crisis Line	Phone: 1-833-638-4722
First Nations and Inuit Hope for Wellness Help Line	Online chat and phone counselling and crisis support. Phone 1-855-242-3310
First Nations Health Authority	Get tips, guides, and resources; find out about your health benefits and more.
The Wachiay Friendship Centre	A non-profit society whose mandate is to provide services and supports to the urban Aboriginal population in the Comox Valley Regional District. This inclusive organization and programming is open to people of all ethnicities.
Laichwiltach Family Life Society	A Campbell River-based multi-service organization that services Aboriginal people throughout the region. They work in a caring, collaborative, culturally based way to create a safe environment and circles of care, healing and wellness for First Nations and Metis families.
Port Alberni Friendship Center	A non-profit society whose mandate is to provide services and supports to the urban Aboriginal population in the Port Alberni area. Services include counseling, recreation programs, youth employment training program, Outreach Legal Advocacy Program, some public health services, social events, crafts and cultural events, with a general drop-in atmosphere.
Sacred Wolf Friendship Center	A non-profit society whose mandate is to provide services and supports to the urban Aboriginal population in the Mount Waddington area (including Port Hardy, Port McNeill, Zeballos, Woss, and other North Island communities).
Sasamans Society	Society with a mission to strengthen children and families in a community-driven and culturally-appropriate manner, serving Courtenay, Campbell River and Port Hardy.