

Prep Cook

Offered in Port Alberni

Students applying to this program must write an assessment. View the program outline:

(<https://www.nic.bc.ca/programs-courses/trades-technical/culinary-arts-programs/prep-cook-certificate/>)

Prep Cook Assessment (Paper and Pencil)

The following areas will be covered in the in-house assessment for the above program:

| Area of Study | Minimum Score | Details | Time |
|---------------|---------------|--|---------|
| Math | 21/30 = 70% | Area of focus: <ul style="list-style-type: none"> ➤ Metric system conversions: grams to kilograms ➤ Conversions between metric and imperial system: grams to ounces. **A Conversion Chart will be provided with the assessment | untimed |

A calculator is permitted.

Resources to help you prepare for your assessment:

Prep Cook Study Guide: <https://www.nic.bc.ca/pdf/prep-cook-study-guide.pdf>

NIC Math Review – Fundamental Level A (pages 41-43): [Math Review – Fundamental Level A](#)

Khan Academy (free online resource): <https://www.khanacademy.org/math>