

Prep Cook

Prep Cook Assessment (Online)

The following areas will be covered in this assessment:

Area of Study	Minimum Score	Details	Time
Math	15/30 = 50%	Area of focus: <ul style="list-style-type: none"> ➤ Metric system conversions: grams to kilograms ➤ Conversions between metric and imperial system: grams to ounces. <i>*Conversion table is provided in the assessment</i>	untimed

A calculator will be available online.

Resources to help you prepare for your assessment:

Prep Cook Study Guide: <https://www.nic.bc.ca/pdf/prep-cook-study-guide.pdf>

NIC Math Review – Fundamental Level A (pages 41-43): [Math Review – Fundamental Level A](#)

Khan Academy (free online resource): <https://www.khanacademy.org/math>