

LIFELONG LEARNING FOR ADULTS (55+)

FALL 2023 COURSE GUIDE



OUR MISSION

Enhancing the quality of life for older adults by offering affordable opportunities for continued learning.

At ElderCollege the learning process is lively, full of discussion and humour. Everyone 55+ is encouraged to join and participate. No exams; no grades; no pressure.

INFORMATION FORUM

Watch for details on the Information Forum scheduled for Saturday, September 16 from 9:30 to 11:30 am. Course leaders will give a glimpse into their subject matter. Attend online or in person at the Stan Hagen Theatre on the NIC Courtenay campus. Visit forum.cvec.ca for more information and/or to register for the Information Forum.

COURSE REGISTRATION BEGINS

The week of September 18, 2023. The exact time and day will be announced by email.

COURSES ARE ON CAMPUS OR ONLINE

For this term, most courses are offered at the NIC Courtenay campus with some online and others offsite. Zoom links are emailed to students close to start dates; this information is not included with your registration confirmation.

COURSES BEGIN

Monday, October 2

LECTURE SERIES BEGINS

Saturday, October 14

INSTRUCTOR BIOS

Learn about the instructors who teach ElderCollege courses: www.nic.bc.ca/CVEC.

CANCELLATIONS

Courses are occasionally cancelled or rescheduled. While we endeavour for this guide to be as accurate as possible, changes may happen after we go to print. Check online at www.nic.bc.ca/CVEC for the most up-to-date information.

BIMONTHLY NEWSLETTER

Join our email list at www.nic.bc.ca/CVEC to receive our newsletter and other CVEC communications.

Message from the CVEC Chair

School is in – and we can now look forward to the splendid range of some 60 courses and six lectures that our team of volunteers have arranged for the fall 2023 semester. While most of the courses will be “in-person” on the NIC Comox Valley campus, two will be “off-campus” and six will be delivered via Zoom. Nearly half of the courses are new, so – particularly if you’re a long-time member of ElderCollege – do make sure that you check out these new offerings.



We’re all conscious of significant changes underway around the world, both in the context of the shifting balance of political power and of climate change as well as in the ever-changing world of technology. Our fall lecture series, entitled Looking Forward: Our Changing World, offers great opportunities to learn more about some of these evolving fields from six experts.

As you read through this course guide, I hope you’ll take a moment to reflect on the contributions of the many dedicated volunteers who, supported by our partners at NIC, have assembled this portfolio of courses and lectures, who organize our ElderCollege events, and who create our publications. They certainly deserve our thanks, and they would certainly appreciate the help of additional volunteers from the community stepping up to join their teams.

I know that some members experienced challenges with NIC’s online course registration system in the past, so I’m pleased to tell you that an open lab is being organized by NIC staff to help you sign on to the system. Watch for a notice before fall registration opens saying when you can phone in or visit NIC to forestall any registration issues.

Welcome back to the pleasure of being together, learning, and talking about the things that interest us!

– John North

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New to ElderCollege?

Most of our courses for the fall term are on the NIC Comox Valley campus. Visit the forested setting before the term begins. (Campus map available online.) Note the names and location of the various buildings; visit the library; and enjoy the offerings at the cafeteria and coffee kiosk. Parking is free in student lots.

ID Cards

CVEC students may obtain an ElderCollege photo ID at the Registration Office. This ID allows you access to the NIC library and computer lab.

No Scent Policy

You are asked to refrain from using any scented products while attending in-person CVEC events as some people have allergic reactions to such products.

Thanks to the course guide team: Jill; Kate; Miriam; Sheila; Solweig; Terry.



Find us on Facebook:
Comox Valley ElderCollege



How to register for ElderCollege courses

When registration for our fall 2023 series of courses and lectures opens, you can either register online, call 1-800-715-0914 to register over the phone during business hours, or go to the Registration Office at any NIC campus – whichever is most convenient for you.

All existing CVEC students who have a student ID (e.g., n999999@northislandcollege.ca) and password will use these when accessing NIC's online registration system. For details on how to register using the online system, please review our custom video tutorials for "new" and "returning" CVEC students: www.nic.bc.ca/CVEC.

INFORMATION FORUM

Comox Valley ElderCollege invites members and the public to the Fall 2023 Information Forum on Saturday, September 16 from 9:30 to 11:30 am. The forum is an opportunity, prior to registration opening the week of September 18, to view course leaders presenting information that supplements this course guide.

Many past attendees have remarked that by attending the forum they became aware of – and then registered for – interesting courses they would otherwise have missed.

The forum can be attended in person at the NIC Comox Valley Campus Stan Hagen Theatre or online via Zoom. Doors will open at 9, presentations will begin at 9:30, and it will wrap up by 11:30. To view more details and to register to attend, visit forum.cvec.ca.

MEMBERSHIPS

Memberships are required if you would like to take a course. Members have access to the NIC library. Purchase your membership (\$10) and after the system updates overnight, you will be able to get an NIC photo ID from the Registration Office. (You will need to provide government-issued photo ID to verify your identity.)

PRICING

Course pricing is based on units of time, with one unit being 1½ hours costing \$5.50 and 50 cents for each additional half hour. See courses for costs. Tax is added to course costs.

In some cases, supply fees are extra. The fees are generally collected when you register and added to your course fees. In such cases, these details are noted in the course description.

Each session in the lecture series is \$6 or \$36 for the entire series.

REFUNDS: A course must be dropped seven days or more prior to its start to receive a refund. Contact the NIC liaison at eldercollegeCV@nic.bc.ca or 250-334-5005. Under certain circumstances, you may apply for a refund within seven days. If a course is cancelled, you will receive a refund. You cannot change courses once they begin.

WAITLIST: Your name is not stored in the registration system for a waitlist. If you want to add your name to a waitlisted course, contact the NIC liaison as noted above. Please state your full name, your student ID number, and the course you wish to be waitlisted for.

Courses

College closed on Monday, October 9, Saturday, November 11, and Monday, November 13.

Course information is correct at the time of publication. Please check website for any changes.

ARTS AND MUSIC

ARTIST TALK 1: PETER SHOSTAK **\$5.50** (1 week on campus)

Peter Shostak **CVEC-1403-CVS1**
November 4 1 - 2:30 pm

Peter will share his artistic journey of the past 44 years with examples of his art reflecting his memories of growing up on the prairies in the late 1940s and 1950s. This retrospective will include some of the 50 paintings of his major work, "For Our Children," exhibited at the PNE and across Canada. Participants will enjoy the stories behind the many paintings that were inspired by these memories and by his Ukrainian heritage.

ARTIST TALK 2: SHARON LALONDE **\$5.50** (1 week on campus)

Sharon Lalonde **CVEC-1404-CVS1**
November 14 4 - 5:30 pm

The objective in Sharon's presentation is to provide insight into the journey of discovery artists go through to create works of art. She will discuss and show examples of her own work to illustrate her inspiration and the process she goes through in an effort to move from representational to abstract paintings.

ARTIST TALK 3: DANIEL NEEDHAM **\$5.50** (1 week on campus)

Daniel Needham **CVEC-1405-CVS1**
November 25 1 - 2:30 pm

Daniel will speak of how his artistic process utilizes narrative and links to universal myths and current culture. He will tell how he re-illustrates the stories of scripture using icons and creating "artifictions." Daniel will respectfully explain how and why he uses these stories to convey his more humanist, and occasionally humorous, post-Catholic messages.

CLOWNS: SERIOUSLY FUNNY (1 week on campus) **\$5.50**

Diana Kolpak **CVEC-6031-CVS1**

November 3 10 - 11:30 am
Clowns used to be revered as truth-tellers. Now they're mainly feared as creepy sewer dwellers. How did this

happen? In this multimedia presentation, a veteran of the theatrical clown trenches clarifies myths and misconceptions about clowns, examines the vital role they've played throughout history, and reveals why our world needs the art of clowning now more than ever.

EMILY CARR CHRONICLES (4 weeks online) **\$22**

Marilyn Jones **CVEC-2348-DLS1**

October 20 - November 10 10 - 11:30 am

Emily Carr (1871-1945) was a major Canadian artist and writer, yet she was 56 when her first major exhibition was held. Her first book, *Klee Wyck*, was published when she was 70, winning the Governor General's Award in 1941. This course explores select aspects of Carr's remarkable life, loves, and legacy. Student discussion is welcomed and encouraged. Readings to be provided.

FROM SCRIPT TO SCREEN (3 weeks on campus) **\$16.50**

Larry Bambrick **CVEC-1720-CVS1**

October 17 - 31 1 - 2:30 pm

Take a visual trip with a TV producer and explore the fascinating world of scripted television shows. Using real-life examples from shows he's worked on from CTV to the Hallmark Channel, the instructor will help participants understand exactly how an idea for a show becomes the episode you watch at home. From writing and casting to shooting and editing, you will learn to look at your favourite show in a new way.

MOVIES ABOUT MOVIES (6 weeks on campus) **\$42**

Brian Charlton and Linda Brune **CVEC-1718-CVS1**

October 18 - November 29 1 - 4 pm

Hollywood loves to reflect on itself and there are numerous movies about making movies. In this course we will examine a variety of films from *Sullivan's Travels* to *Get Shorty* to *The Fabermans* with detours to *Cinema Paradiso* and *Trumbo* and finishing with the glamour and sadness of Old Hollywood in *Sunset Boulevard*. As with the tradition of these classes, we will have plenty of time allotted for great discussions.

CVEC takes pride in the veracity of course content and works hard to ensure high quality overall. Our course leaders are all volunteers with varying degrees of expertise. CVEC does not accept responsibility for content accuracy.

THE FAB FOUR OF FLORENCE (6 weeks online) **\$42**
 Dr. John Black CVEC-1590-DLS1
 October 12 - November 16 10 am - 1 pm
 The Italian Renaissance in the arts was initiated in the early 15th century by four firm friends and collaborators: Filippo Brunelleschi, Donatello, Masaccio, and Leon Batista Alberti. We will view, examine, and assess their immense and revolutionary contributions to painting, sculpture, architecture, and letters to understand why they are more important, in the history of art and ideas, than Leonardo or Michelangelo.

THE MOVIES OF BILL NIGHY (4 weeks on campus) **\$28**
 Kay Kennedy CVEC-1715-CVS1
 October 26 - November 16 1 - 4 pm
 Bill Nighy is such a wonderful actor and, like Alec Guinness before him, has such versatile acting skills. We will watch four of his movies: *Still Crazy*, *Wild Target*, *Pirate Radio*, and *About Time*. Come prepared for the pure pleasure of these wonderful movies. All comments and insights are welcome in discussions that follow.

UNDRAWN (2 weeks on campus) **\$14**
 Kristina Campbell CVEC-1414-CVS1
 October 24 - 31 4 - 7 pm
 Undrawn will increase your drawing ability, just not the way you might expect! Do you remember what it was like to draw as a child does, with joyful enthusiasm? Has that shifted to self-critical judgment? Undrawn is two days full of fun, playful, challenging, inspiring experiences and activities to guide you back to your youthful and spirited creativity. \$10 for all materials is collected at the first session. Just bring your enthusiasm. All levels welcome!

ECLECTIC

BRIDGE - INTERMEDIATE BIDDING **\$44**
 (8 weeks on campus)
 Gary Priestman CVEC-6250-CVS1
 October 3 - November 21 11:30 am - 1 pm
 This course is designed for players with some experience who wish to add more bidding tools to their game. We will discuss the more popular conventions, cue bids and doubles as well as the 2 over 1 bidding system.

BRIDGE - INTRODUCTION TO MODERN BIDDING **\$44**
 (8 weeks on campus)
 Gary Priestman CVEC-6252-CVS1
 October 6 - November 24 1 - 2:30 pm
 This course is designed for people who have never played bridge or who played years ago and want to get back into the game. Each class will consist of a lesson and some hands-on exercises.

BRIDGE - PLAY THE HAND - DEFEND THE HAND **\$44**
 (8 weeks on campus)
 Gary Priestman CVEC-6253-CVS1
 October 6 - November 24 11:30 am - 1 pm
 This course is designed to help new or less-experienced bridge players to play a hand better as well as to defend a hand more successfully. Each class will consist of a lesson followed by hands-on practice.

CAR CARE (3 weeks on campus) **\$16.50**
 Donald Skogstad CVEC-6173-CVS1
 October 27 - November 10 4 - 5:30 pm
 Drawing on his extensive experience with over 100 cars, comprising 20 manufacturers, eight on-road breakdowns, and several upgrade projects, Don will take you from one end of the vehicle to the other and guide you from headlights to exhaust systems. This course will help in purchasing, maintaining, or upgrading a car. It's part physics, part automotive mechanics, and part YouTube with anecdotes from Don's considerable experience gained over the years.

HABITAT FOR HUMANITY 101 **\$5.50**
 (1 week on campus)
 Chrystal Arnet CVEC-7030-CVS1
 November 1 11:30 am - 1 pm
 Founded in 1976, Habitat for Humanity has a proud history of working with volunteers to build affordable housing. Learn about Habitat's vision, purpose, and homeownership model and what the organization is doing locally to address the lack of affordable housing in the Comox Valley and Campbell River. Not only will you learn more about this great organization, but you'll also hear about the many ways you can get involved.

INTERIOR DESIGN GUIDELINES **\$16.50**
 (3 weeks on campus)
 Jane Atherton CVEC-1984-CVS1
 November 8 - 22 4 - 5:30 pm
 Learn the guidelines and principles of good interior design and the impact it can have on your mental wellness. It's so much more than just making everything look pretty. We'll review how space planning, colour, lighting, balance, and repetition all work together to create a harmonious home.

KEEP YOUR EYES ON THE GOAL! **\$27.50**
 (5 weeks on campus)
 Barry Russell CVEC-3252-CVS1
 November 3 - December 1 11:30 am - 1 pm
 Ever wonder how one group can work so well together and another group just drives each other crazy? Come learn about the predictable phases that all groups must pass through to become a high performing unit. Through illustrative film clips, collaborative activities, and energizing discussions, you'll learn what makes effective teams tick, and the pitfalls they avoid. You can apply what you learn to any group in which you participate.

MAKING SENSE OF INVESTING **\$22**
 (4 weeks on campus)
 Aaron Macluskie CVEC-3505-CVS1
 October 18 - November 8 11:30 am - 1 pm
 At some point in our lives, we may suddenly and surprisingly find ourselves responsible for our own financial affairs. The course leader has seen many scenarios where this has become the case, especially later in life. This four-part course is geared towards individuals interested in learning more about investing, the basics of financial planning, and making sense of the technical jargon associated with the industry.

MYSTICS AND THE MUNDANE **\$44**
 (8 weeks on campus)
 Robert McDonald CVEC-6231-CVS1
 October 3 - November 21 5 - 6:30 pm
 Mystics aren't mainstream in our rational scientific world because they don't fit in. Yet normal people do have mystical experiences if they just pay attention. They may occur in times of silence, ritual, great emotion, beauty, creativity, or in nature. Each week we'll read and reflect on mystical writing from different times and traditions, learn about the authors, and share our own reaction or our similar experiences.

HEALTH AND WELLNESS

CANNABIS AS A MEDICINE (3 weeks on campus) **\$16.50**
 Joanne Gauthier CVEC-5392-CVS1
 November 8 - 22 4 - 5:30 pm
 Learn about the different kinds of cannabis including sativa, indica, and hybrid varieties as well as various ways to consume it without having to smoke. Then learn how to prepare cannabis for making your own oil drops, edibles, or salves.

END OF LIFE: THE HOSPICE WAY **\$16.50**
 (3 weeks on campus)
 Christine Colbert and Kasia Stepien CVEC-5758-CVS1
 October 23 - November 6 11:30 am - 1 pm
 The philosophy of hospice care will provide a background for the sharing of practical advice and resources for navigating end-of-life palliative care and anticipatory grief. Increasing your grief literacy will strengthen an understanding of what it means to be a grief ally. Drawing material from a variety of sources, the course will foster learning and facilitate open discussion to reflect on what matters in the dying journey.

ENNEAGRAM PERSONALITY THEORY **\$42**
 (7 weeks on campus)
 DK Beitel CVEC-5822-CVS1
 October 10 - November 21 4 - 6 pm
 The Enneagram is a powerful system to understand ourselves and others, describing the structure and dynamics of nine personality types. It is a system with psychological, spiritual, and somatic components. Understanding our unconscious and automatic patterns, we can experience profound inner growth and improve our relationships. A combination of PowerPoint, meditation, poetry, music, written reflective practices, and conversation will be used in this introductory course. Optional \$20 textbook and \$10 personality test.

IMPROV: JOIN US FOR A LAUGH **\$38.50**
 (7 weeks on campus)
 Susan Osso CVEC-1796-CVS1
 October 16 - December 4 1 - 2:30 pm
 Learn techniques to support one another. It is not about becoming an actor, nor memorizing lines, but rather an opportunity to stretch the imagination and spark spontaneity. Laughter is guaranteed! If you're new to improv or had a taste of it and would like more, sign up. As William James said, "We don't laugh because we are happy, we're happy because we laugh."

INTRODUCTION TO MEDITATION **\$5.50**
 (1 week on campus)
 Julie Blais CVEC-5455-CVS1
 October 5 10 - 11:30 am
 Get a glimpse of what mindfulness practice can look like for you. You will be introduced to a variety of styles to discover what may work for you and meet your needs. This workshop is designed to give an overview of the many options and benefits of meditation and a chance to try these practices in a safe and peaceful setting.

LET'S TALK ABOUT DEATH (1 week on campus) **\$5.50**
 Janet O'Dell, Sherri Ellis-Bell, CVEC-5701-CVS1
 and Madeline Christie CVEC-5701-CVS2
 November 4 OR November 25 2:30 - 4 pm
 Embrace the death positive movement in a safe space for open and authentic conversations. Participants are invited to explore emotions, experiences, and perspectives on death and dying. There will be inspiring discussions around topics such as the empowering benefits of community deathcare, planning for your own death, and the vital role of death doula practitioners. Bring something to take notes with. Light refreshments will be served and post-session resources provided.

LIVING CONSCIOUSLY (6 weeks on campus) **\$33**
 Leon Hawrylenko CVEC-5335-CVS1
 October 19 - November 23 1 - 2:30 pm
 We'll use experiential exercises to explore some of the basic elements for living a conscious life. The elements we'll be focusing on are: what really matters, kindness, gratitude, self-awareness and choice. Please note that homework exercises will be an important aspect of this program. You can also expect considerable interaction with other students during class time.

MEDITATION ESSENTIALS (4 weeks on campus) **\$22**
 Julie Blais CVEC-6620-CVS1
 October 26 - November 16 10 - 11:30 am
 Learn the essentials to establish your meditation practice in a secular environment. You will be introduced to postures, using breath, body, and sounds as an anchor, and working with thoughts and emotions. These meditation principles applied on a regular basis help to decrease stress, be more present, focused, happier, and peaceful.

OSTEOPATHY & SENIORS (1 week on campus) **\$5.50**
 Irene Borecky CVEC-5632-CVS1
 November 3 11:30 am - 1 pm
 An introduction to the field of osteopathy – a manual therapy that uses gentle techniques to treat the body as a whole. Changes that occur with aging may mean that some traditional approaches are not suitable for older individuals. Osteopathy is a safe method to help mobility, communication, and function within joints, the nervous system, digestive system, etc.

RE-IMAGINING LONG-TERM CARE **\$5.50**
 Sharon Parkes CVEC-5719-CVS1
 November 17 10 - 11:30 am
 Review the new long-term care village in Comox and how Providence Living is reinventing seniors care by creating a home for residents. This is a move away from

a typical institutional model of care to a social-relational model. Residents will be invited to direct their own care, enhancing a normal lifestyle with freedom of movement and access to the outdoors.

SCENIC HIKES 1 (8 weeks offsite) \$56
Ted Grainger CVEC-5520-CVS1
October 3 - November 21 10 am - 1 pm

Pack a lunch and come for a hike! Revisit the familiar and perhaps discover some new trails. We will be travelling once a week as far south as Bowser and north to Campbell River. We will carpool, when necessary. These hikes have variable terrain so they're not suitable for those with mobility issues. Our 6-9 km. hikes often go over three hours, so plan accordingly. Please no dogs!

SCENIC HIKES 2 (8 weeks offsite) \$56
John Biehl CVEC-5521-CVS1
October 3 - November 21 10 am - 1 pm

Familiar and new hiking trails to sample forest types, some with water features. Bring some food and water as hikes are 6-9 km and last 2-3 hours. Dress for expected weather. Pace is leisurely to moderate. We are hiking for exercise, meeting fellow seniors, taking photos and to admire our walks. Carpooling is encouraged. The hikes have variable terrain so not suitable for mobility issues. Please no dogs!

SENIORS & FUNCTIONAL MOVEMENT \$7
(1 week on campus)

Irene Borecky CVEC-5631-CVS1
October 27 11:30 am - 2:30 pm

This course uses a modified version of the Functional Movement System (FMS) developed by Gray Cook. Learn how we develop movement and movement patterns. Work together through a seven-step movement screen to determine your own function and then take away simple home exercises to correct dysfunctions.

WHAT'S AN END-OF-LIFE PLAN? \$22
(4 weeks on campus)

Krista Manuel CVEC-5767-CVS1
October 21 - November 18 1 - 2:30 pm

An end-of-life plan is an evolving process that includes multiple documents and conversations. This four-part course dives into the questions and possibilities for creating or expanding your own plan along with guidance around which documents to include and who might be involved. Beginning the process now creates opportunity for easier transitions tomorrow.

YOUR PATH TO WELLNESS (4 weeks on campus) \$22

Nelda Adamus CVEC-5710-CVS1
October 19 - November 9 11:30 am - 1 pm

Create your personalized wellness plan for optimal health. Learn to understand a wellness versus disease model and to adapt our nervous system to states of curiosity, calm and connection, minimizing states of chaos and numbing shutdown. Assess your warning signs to stress and illness and practice the components to compassionate joy, service, and a soulful community. Learn about intentional wellness activities: nutrition, exercise, mindfulness, healthy boundaries, and sleep.

HISTORY AND SOCIAL SCIENCES

BANKRUPTCY & INSOLVENCY (2 weeks on campus) \$11
Donald Skogstad CVEC-3520-CVS1
November 3 - 10 11:30 am - 1 pm

Personal bankruptcy is governed by federal legislation in Canada. Topics covered in this course will include an explanation of the purpose, procedures, and alternatives to personal bankruptcy. We will cover which debts can be discharged and which cannot. Further, we will explore the events leading to bankruptcy and the process of working with a trustee. We will explore the effects of insolvency on credit ratings and other financial disabilities.

CANADA'S UKRAINIAN SETTLERS 1891-1914 \$7
(1 week on campus)

Peter Shostak CVEC-6225-CVS1
October 20 1 - 4 pm

The course will provide a history of the first Ukrainian pioneers to Canada's West. Along with visuals and stories, we explore the conditions in Canada and Ukraine that led to this migration to a new life for so many.

COMOX VALLEY SETTLER HISTORY \$44
(8 weeks on campus)

Christine Dickinson CVEC-6510-CVS1
October 6 - November 24 10 - 11:30 am

A social, economic, and political history of the Comox Valley since the earliest years of European settlement.

DEVELOPMENTS IN CRIMINAL LAW SINCE 1975 \$16.50
(3 weeks on campus)

Donald Skogstad CVEC-3331-CVS1
October 13 - 27 11:30 am - 1 pm

There have been profound changes in Canadian law in the last 45 years, particularly in the area of assaults, youth offenders, and the adaption of the law to modern technological advancements. The course presenter will contrast changes in other common law countries to those in Canada and draw on real cases to illustrate how the law has evolved with respect to self-defence, abortion, prostitution, jury trials, and internet offences.

DUTCH HISTORY TO 1830 (4 weeks on campus) \$22

John Sterk CVEC-5972-CVS1
October 31 - November 21 11:30 am - 1 pm

Explore the origins and development of an important modern European nation state, with an emphasis on the political, economic, and cultural significance of Dutch society, how it emerged as a republic, and became a leading world power in the 17th century. We will trace its diminishing role in international politics and conclude with its conversion into a monarchy after the Napoleonic Wars.

PRIVATE PROPERTY: WHO OWNS THE EARTH? \$33
(6 weeks online)

David Hanson Arnold CVEC-7010-DLS1
October 17 - November 21 10 - 11:30 am

Property holds a significant value to us as individuals and to our society at large. We often don't think much about property other than what it might be worth. This course will use a moderated discussion/seminar format to

explore the history of property rights. It will broaden our understanding of property and how it affects our lives, our finances and the lives of others with whom we share the land.

THE LAW OF DEFAMATION (2 weeks on campus) **\$11**
Donald Skogstad CVEC-3336-CVS1
October 13 - 20 4 - 5:30 pm

Learn about the law of libel and slander, what defamation consists of, and what publish means, as well as how justification, fair comment, and certain statutory provisions are used as defenses. Internet statements will be covered, and we will explore the crucial difference between the law in the USA and Commonwealth countries. The course includes class participation explaining the application of the law using actual case law.

THE WILD WORLD OF CEREMONIES **\$5.50**
(1 week online)
Dianne Volrich and Roland Semjanovs CVEC-5340-DLS1
November 6 1 - 2:30 pm

Join Dianne and Roland for an eye-popping look at unusual or little-known cultural practices around the world. Rites of marriage, coming of age, the seasonal celebrations of many cultural groups, and superstitions. It's a colourful and sometimes shocking look at traditions that are centuries old, including some ceremonies the presenters find hilarious.

LANGUAGE AND LITERATURE

CULTURE CLASH: ATHENS TO THE REZ **\$33**
(6 weeks on campus)
Annie Smith CVEC-1980-CVS1
October 19 - November 23 11:30 am - 1 pm

The ancient Greek playwrights are considered the source of Western theatre. As acts of decolonization, Yvette Nolan and Deanne Kaseokeo adapt plays by Sophocles and Aeschylus to examine Indigenous cultures on Turtle Island looking at leadership, power, and mythology, and reflecting on contemporary Indigenous life. We will read the original plays and their adaptations, discussing them separately and together. Options for accessing scripts (\$15.00+/-) provided by the course leader.

MY FRIEND, MY ENEMY: A BOOK TALK **\$5.50**
(1 week on campus)
Stewart Goodings CVEC-2355-CVS1
October 25 2:30 - 4 pm

Author Stewart Goodings will describe the background and research needed to write this novel based on his times in Russia. He will read a few excerpts from the novel, answer questions, and engage participants in a discussion on the themes of the novel: female friendship; terrorism; and Russian culture and politics.

RECONCILIATION BEFORE ITS TIME **\$33**
(6 weeks online)
Robin Fisher CVEC-6411-DLS1
October 16 - November 27 10:30 am - 12 noon

This course examines the career of Wilson Duff as provincial anthropologist at the Provincial Museum in Victoria (1950-65) and as a professor in the Anthropology Department at UBC (1965-76). In both roles Wilson

worked to understand First Nations peoples and cultures and then convey that understanding to an often-uncomprehending newcomer population. Today we often think of our efforts at reconciliation as new. In fact, Wilson was, in many instances, way ahead of us.

SASQUATCH DISCOVERED (1 week on campus) **\$5.50**
Terrance James CVEC-5927-CVS1
November 30 1 - 2:30 pm

Enjoy a slide/lecture presentation on *Sasquatch Discovered: The Biography of Dr. John Bindernagel*. Dr. Bindernagel was the author of two seminal sasquatch books, a popular conference speaker throughout North America, and the Canadian news media "go-to guy" for sasquatch information. Learn about the unfolding story of the discovery of the sasquatch from the files of Canada's foremost sasquatch investigator. Lots of time for your questions.

WHO KNEW WRITING COULD BE FUN? **\$42**
(6 weeks on campus)
Sandra Petrie CVEC-2337-CVS1
October 20 - November 24 1 - 4 pm

This course is for anyone afraid to put pen to paper. We will focus on the process of writing and the pleasure of hearing each other's stories. There will be no editing advice! This is a "user-friendly" workshop. By writing in a safe, non-critical environment, you will avoid the "editor-in-your-head" and discover you have something to say.

WILDMIND WILDEARTH WILDWORDS **\$22**
(4 weeks on campus)
Scott Lawrance CVEC-2347-CVS1
November 8 - 29 2:30 - 4 pm

Explore poetry that emerges from the convergence of Buddhist thought and practice and a love for the more-than-human world with which we are entangled: poetry that manifests the inseparability of self and world. We will dive into the work of four poets whose work embodies and embraces these themes: Gary Snyder; Phil Whalen; Michael McClure; and Anne Waldman. Expect discourse, contemplation, conversation, and writing.

WRITERS' WORKSHOP (8 weeks on campus) **\$56**
Marvin Haave and Ian G. McIntyre CVEC-2310-CVS1
October 6 - November 24 2:30 - 5:30 pm

This is an interactive class in which writers and would-be writers may share their work and have it gently appreciated and critiqued by others. No formal instruction.

SCIENCE AND COMPUTERS

BACKYARD COMPOSTING (1 week on campus) **\$5.50**
Joyce McMenamon CVEC-7550-CVS1
October 4 11:30 am - 1 pm

Composting makes use of waste and livens up soil. And it's easy to do. Come learn the secrets of safely and quickly making rich nutritious compost out of your kitchen and yard waste. Learn why, how, where, when, and what. Bring your questions for this fun discussion with a master composter. Feed the soil that feeds the plants that feed us!

BIOFILIA: OUR CONNECTION TO NATURE **\$48**

(8 weeks online)

Thierry Vrain CVEC-5844-DLS1

October 6 - November 24 10 am - 12 noon

Biofilia loosely translates into “we are all family” and we will explore this phenomenon throughout the whole course, showing how we are all connected to everything alive on the planet. We will start with a discussion about what life is made of – what are the incredible molecules that animate life and what makes life tick. We will also discuss bacteria, cells, plants, fungi, animals, and viruses.

BIRTH, LIFE, AND DEATH OF STARS **\$44**

(8 weeks on campus)

Joel Kositsky CVEC-6351-CVS1

October 2 - December 4 1 - 2:30 pm

Without stars, our universe would be a dark, cold, boring place. Learn how stars are formed, how they shine for billions of years sending out copious amounts of energy, and how they eventually end their existence, sometimes in spectacular explosions, sometimes by slowly dimming and winking out. Find out how astronomers have learned the many details of stellar birth, life, and eventual demise.

COSMOLOGY (8 weeks on campus) **\$44**

Joel Kositsky CVEC-6355-CVS1

October 3 - November 21 3 - 4:30 pm

Cosmology, the study of the universe’s origin and development, has always been of interest to human cultures, but had been, until recently, in the realm of mere speculation. The emergence of cosmology as a scientific endeavour has led us to a coherent, cogent, and testable understanding of the birth, morphology, and contents of the universe. Examine what is known and what is still unanswered in this exciting science.

ELECTRICITY AROUND THE HOUSE **\$22**

(4 weeks on campus)

Gordon Dann CVEC-7028-CVS1

October 11 - November 1 1 - 2:30 pm

Learn to do electrical repairs around your house, how to add a circuit, what you can and can’t do without a homeowner’s permit, and how to apply for one. Go through types of breakers and circuits in your house with some theory on volts, amps, and watts. The hands-on work needs some basic tools suggested the first day. A \$5 fee is added at registration to cover the cost of materials supplied by the course leader.

FOSSILS AND EVOLUTION (8 weeks on campus) **\$44**

Joel Kositsky CVEC-6324-CVS1

October 6 - November 24 1 - 2:30 pm

Fossils have been a source of wonderment for millennia. The interpretation of fossils as the remains of once-living organisms led to, and supported, several new paradigms in biology and geology. These included the vast age of Earth, and various speculations on species evolution including Darwin’s famous (and game-changing) theory of evolution by natural selection. Learn about fossil types, their formation, and their connection to Darwin’s theory.

GEOLOGY AND VANCOUVER ISLAND **\$33**

(6 weeks on campus)

Ted Trueman CVEC-6329-CVS1

October 20 - November 24 10 - 11:30 am

This course will focus on local geology for the layperson. We will discuss how plate tectonics and accreted terranes shaped the construction of B.C. and Vancouver Island, as well as age-dating rocks, the rock cycle and rock units on the island, the fossil record (paleontology) and mass extinctions, earthquake and tsunami risks, formation of ore deposits, glaciation, and facts and myths of groundwater. If time allows, related topics such as diamond deposits will be included.

REGENERATING OUR WORLD **\$27.50**

(5 weeks on campus)

Joan Gillies and Celia Laval CVEC-6390-CVS1

October 23 - November 27 11:30 am - 1 pm

This action-oriented workshop on climate change focuses mainly on what we can do at personal, community, and legislative levels, and how to have conversations with others about this. It encourages collaboration with other participants and building a community. The goal is to develop your own personal action plan by the end of the course. This course is designed for those ready to roll up their sleeves and do some work.

REPEL HACKS, HOAXES, AND SCAMS! **\$13**

(2 sessions on campus)

Terry Hooper CVEC-4010-CVS1

November 21 AND 23 6 - 8:30 pm

Is that email real or fake? How about that warning I received? What about these phone calls I am receiving? Is this really my friend contacting me on Facebook? Why are my friends getting messages from me that I didn’t send? Is it safe to buy online? Be informed so you can answer these questions and better protect yourself when using email, the internet, and even your phone.

TRAVELLING AND TECHNOLOGY **\$32.50**

(5 sessions on campus)

Terry Hooper CVEC-5908-CVS1

November 2, 7, 9, 14 and 16 6 - 8:30 pm

An introduction and overview with demonstrations of how to use various internet sites and your personal devices (smartphones, tablets, laptops) to improve your travels. Using these puts a different spin on more effective globetrotting as you plan, tour, and wrap things up on your return. Open sharing by participants of related experiences will be encouraged during the course.

WHAT IS SCIENTIFIC LITERACY? **\$22**

Rod Montague CVEC-5621-CVS1

October 10 - 31 4 - 5:30 pm

This is NOT primarily a science course where a large body of scientific information gets presented. Its aim rather is to provide the tools needed for understanding and evaluating the scientific information we encounter each day. In essence, it is answering the question, “Should I trust what I am being told or am I being sold snake oil?”

Series coordinators: Martha Gerow, Terry Hooper, and Rose Webber

FALL LECTURE SERIES (CVEC-9000-CVS1)

6 SATURDAY LECTURES OCTOBER 14 TO NOVEMBER 25 (NO LECTURE NOVEMBER 11)

10 AM TO 12 NOON | ON CAMPUS AND ONLINE | \$36 FOR THE SERIES OR \$6/LECTURE

Looking Forward: Our Changing World

The ancient Greek philosopher Heraclitus once said, "There is nothing permanent except change." Our world today is not the world of 50 years ago or even five years ago. From the many changes happening in our world now, we are offering a series of speakers who are actively engaged in their current fields. Learn what is new and challenging in artificial intelligence, eldercare, environmental concerns, restorative justice, search and rescue, and xeriscaping to protect the environment.

SEARCH AND RESCUE IN CANADA

\$6

Lieutenant-Colonel Justin Olsen
CVEC-9001-CVS1

October 14

Lieutenant-Colonel Olsen will explain the search and rescue (SAR) system in Canada in terms of federal and provincial responsibilities before outlining local SAR organizations, their mandates, and capabilities. He will then describe SAR cases (aircraft distress, vessel in distress, and lost/injured hiker) from first distress signal to rescue. Learn effective electronic distress-signaling devices and who responds to each.

Lieutenant-Colonel Olsen is a 30+-year veteran of the Royal Canadian Air Force with operational experience in search-and-rescue operations as a pilot on both coasts as well as staff-



officer experience in domestic policy development and international search-and-rescue agreements.

XERISCAPING - GARDENING IN A CHALLENGING CLIMATE

\$6

Bernie Dinter
CVEC-9002-CVS1

October 21

We are in a time of a changing and challenging climate. Gardeners are adapting to create a healthy garden for physical and psychological reasons. An overview will be given of how to create a healthy and resilient garden in a changing climate. We will discuss plant selection and management techniques for growing healthy plants.



Bernie is the owner of Dinter Nursery, a full-service nursery, founded by his parents in 1973. He has a degree in plant science from UBC and is a member of the BC Institute of Agrologists. He is

also a member of the Cowichan Valley Rhododendron Society and the Duncan Rotary Club. He has given numerous presentations to clubs and interested groups across Vancouver Island.

UNDERSTANDING THE LAND TRUST SECTOR

\$6

Tim Ennis

CVEC-9003-CVS1

October 28

The land trust sector in Canada developed in mid-1990s and has grown to fill a significant void in protecting the environment and biodiversity across the country, including here in the Comox Valley. Join presenter Tim Ennis in exploring what land trusts are, how they function, and where the rapidly expanding land trust movement in Canada is going in the future.



Tim has worked in the land trust sector protecting ecologically significant private lands in British Columbia for 25 years. He is currently the executive director of the Comox Valley Land Trust and the director of private land acquisition and management for the BC Parks Foundation.

Tim also sits on the board of directors of both the Land Trust Alliance of BC and the Alliance of Canadian Land Trusts. He has been an instrumental team member in achieving many conservation accomplishments in the Comox Valley including the acquisition of Kus-kus-sum, the Cumberland Community Forest, the headwaters of Morrison Creek, and others.

**TOTAL LIFE CARE:
NAVIGATING 8 KEY NEEDS \$6**

Jonathan Brenner
CVEC-9004-CVS1
November 4

For many, the thought of illness and aging brings anxiety and



confusion. In our search for answers, we can lead ourselves down a road of misinformation, self-diagnoses, and more than likely, more

questions than answers. In this lecture we will explore what the eight navigational needs are and how we can prepare ourselves to effectively navigate health and wellness, finances, housing, families, local resources, advocacy, legal, and crisis intervention as it relates to aging.

Jonathan is a passionate and innovative leader with over 36 years of experience in clinical health-care practices, education, program planning, development, implementation, and evaluation. With a Master of Health Studies & Leadership degree, a Bachelor of Administration in Health Care, a Registered Nurse with certification in gerontological nursing, and a Certified

Professional Consultant on aging, Jonathan is a highly qualified professional on aging. As the principal consultant/owner of Total Life Care™, he offers comprehensive consultations with clients, families, and friends to navigate the eight navigational needs.

**RESTORATIVE JUSTICE IN
OUR COMMUNITY \$6**

Karen McKinnon
CVEC-9005-CVS1
November 18

Restorative justice practices strengthen individual and community relationships to create a sense of belonging and provide a system of communal accountability that sets the stage for repairing harm. In restorative justice, conflict and crime are addressed in a way that enables the person who caused the harm, people who were affected by the harm, and the community to create a meaningful solution. Join a presentation and discussion on restorative justice and learn about how it works in your community.

Karen is the managing director of the non-profit community-based, volunteer-powered Comox Valley Community Justice Centre. She has been active with many local social service and cultural organizations including Habitat for Humanity Vancouver Island North, Comox Valley Community Health



Network, Comox Valley Hospice Society and You Are Not Alone (YANA). She is passionate about community, shared learning, meaningful discussion, and the principles of restorative justice.

**ARE HUMANS OBSOLETE
IN THE AI AGE? \$6**

Alan Mackworth
CVEC-9006-CVS1
November 25

As artificial intelligence (AI) becomes more and more ubiquitous in our daily lives, we



wonder if it will render humans unnecessary. The talk will touch on some recent advances in AI and look at their impacts, for better or worse,

on our world. The profound changes wrought by AI will require us to reimagine what it is to be human.

Alan is a professor emeritus of computer science at UBC. He works on artificial intelligence with applications in constraint satisfaction, cognitive robotics, hybrid systems and constraint-based agents. He invented the world's first soccer-playing robots and has authored over 140 papers and co-authored two books. Alan co-founded the pioneering UBC Cognitive Systems Program and has served as president of AAAI, the world's premier AI society. He is a Fellow of the Royal Society of Canada. He now acts as a consultant, writer, and lecturer.

Registration for each lecture closes the Monday prior and a Zoom link is sent to all registrants by Thursday. Latecomers can drop in at the theatre for \$10 (members), \$15 (non-members).

Courses at a Glance

College closed on Monday, October 9,
Saturday, November 11, and Monday,
November 13

MONDAY

No classes October 9 or November 13

BIRTH, LIFE & DEATH OF STARS (ON CAMPUS) \$44

CVEC-6351-CVS1 OCT 2 - DEC 4 1 - 2:30 PM

END OF LIFE: THE HOSPICE WAY (ON CAMPUS) \$16.50

CVEC-5758-CVS1 OCT 23 - NOV 6 11:30 AM - 1 PM

IMPROV: JOIN US FOR A LAUGH (ON CAMPUS) \$38.50

CVEC-1796-CVS1 OCT 16 - DEC 4 1 - 2:30 PM

RECONCILIATION BEFORE ITS TIME (ONLINE) \$33

CVEC-6411-DLS1 OCT 16 - NOV 27 10:30 AM - NOON

REGENERATING OUR WORLD (ON CAMPUS) \$27.50

CVEC-6390-CVS1 OCT 23 - NOV 27 11:30 AM - 1 PM

THE WILD WORLD OF CEREMONIES (ONLINE) \$5.50

CVEC-5340-DLS1 NOV 6 1 - 2:30 PM

TUESDAY

ARTIST TALK 2: SHARON LALONDE (ON CAMPUS) \$5.50

CVEC-1404-CVS1 NOV 14 4 - 5:30 PM

BRIDGE - INTERMEDIATE BIDDING (ON CAMPUS) \$44

CVEC-6250-CVS1 OCT 3 - NOV 21 11:30 AM - 1 PM

COSMOLOGY (ON CAMPUS) \$44

CVEC-6355-CVS1 OCT 3 - NOV 21 3 - 4:30 PM

CULTURE CLASH: ATHENS TO THE REZ (ON CAMPUS) \$33

CVEC-1980-CVS1 OCT 19 - NOV 23 11:30 AM - 1 PM

DUTCH HISTORY TO 1830 (ON CAMPUS) \$22

CVEC-5972-CVS1 OCT 31 - NOV 21 11:30 AM - 1 PM

ENNEAGRAM PERSONALITY THEORY (ON CAMPUS) \$42

CVEC-5822-CVS1 OCT 10 - NOV 21 4 - 6 PM

FROM SCRIPT TO SCREEN (ON CAMPUS) \$16.50

CVEC-1720-CVS1 OCT 17 - 31 1 - 2:30 PM

MYSTICS AND THE MUNDANE (ON CAMPUS) \$44

CVEC-6231-CVS1 OCT 3 - NOV 21 5 - 6:30 PM

PRIVATE PROPERTY: WHO OWNS THE EARTH? (ONLINE) \$33

CVEC-7010-DLS1 OCT 17 - NOV 21 10 - 11:30 AM

REPEL HACKS, HOAXES, AND SCAMS (ON CAMPUS) \$13

CVEC-4010-CVS1 NOV 21 AND 23 6 - 8:30 PM

SCENIC HIKES 1 (VARIOUS LOCATIONS) \$56

CVEC-5520-CVS1 OCT 3 - NOV 21 10 AM - 1 PM

SCENIC HIKES 2 (VARIOUS LOCATIONS) \$56

CVEC-5521-CVS1 OCT 3 - NOV 21 10 AM - 1 PM

THE FAB FOUR OF FLORENCE (ONLINE) \$42

CVEC-1590-DLS1 OCT 12 - NOV 16 10 AM - 1 PM

TRAVELLING AND TECHNOLOGY (ON CAMPUS) \$32.50

CVEC-5908-CVS1 NOV 2 - 16 6 - 8:30 PM

UNDRAWN (ON CAMPUS) \$14

CVEC-1414-CVS1 OCT 24 - 31 4 - 7 PM

WHAT IS SCIENTIFIC LITERACY? (ON CAMPUS) \$22

CVEC-5621-CVS1 OCT 10 - 31 4 - 5:30 PM

WEDNESDAY

BACKYARD COMPOSTING (ON CAMPUS) \$5.50

CVEC-7550-CVS1 OCT 4 11:30 AM - 1 PM

CANNABIS AS A MEDICINE (ON CAMPUS) \$16.50

CVEC-5392-CVS1 NOV 8 - 22 4 - 5:30 PM

ELECTRICITY AROUND THE HOUSE (ON CAMPUS) \$22

CVEC-7028-CVS1 OCT 11 - NOV 1 1 - 2:30 PM

HABITAT FOR HUMANITY 101 (ON CAMPUS) \$5.50

CVEC-7030-CVS1 NOV 1 11:30 AM - 1 PM

INTERIOR DESIGN GUIDELINES (ON CAMPUS) \$16.50

CVEC-1984-CVS1 NOV 8 - 22 4 - 5:30 PM

MAKING SENSE OF INVESTING (ON CAMPUS) \$22

CVEC-3505-CVS1 OCT 18 - NOV 8 11:30 AM - 1 PM

MOVIES ABOUT MOVIES (ON CAMPUS) \$42

CVEC-1718-CVS1 OCT 18 - NOV 29 1 - 4 PM

MY FRIEND, MY ENEMY: A BOOK TALK (ON CAMPUS) \$5.50

CVEC-2355-CVS1 OCT 25 2:30 - 4 PM

WILDMIND WILDEARTH WILDWORDS (ON CAMPUS) \$22

CVEC-2347-CVS1 NOV 8 - 29 2:30 - 4 PM

THURSDAY

INTRODUCTION TO MEDITATION (ON CAMPUS) \$5.50

CVEC-5455-CVS1 OCT 5 10 - 11:30 AM

LIVING CONSCIOUSLY (ON CAMPUS)	\$33
CVEC-5335-CVS1 OCT 19 - NOV 23	1 - 2:30 PM
MEDITATION ESSENTIALS (ON CAMPUS)	\$22
CVEC-6620-CVS1 OCT 26 - NOV 16	10 - 11:30 AM
REPEL HACKS, HOAXES, AND SCAMS PART 2 (ON CAMPUS)	\$13
CVEC-4010-CVS1 NOV 21 AND 23	6 - 8:30 PM
SASQUATCH DISCOVERED (ON CAMPUS)	\$5.50
CVEC-5927-CVS1 NOV 30	1 - 2:30 PM
THE MOVIES OF BILL NIGHY (ON CAMPUS)	\$28
CVEC-1715-CVS1 OCT 26 - NOV 16	1 - 4 PM
TRAVELLING AND TECHNOLOGY PART 2 (ON CAMPUS)	\$32.50
CVEC-5908-CVS1 NOV 2 - 16	6 - 8:30 PM
YOUR PATH TO WELLNESS (ON CAMPUS)	\$22
CVEC-5710-CVS1 OCT 19 - NOV 9	11:30 AM - 1 PM

FRIDAY

BANKRUPTCY & INSOLVENCY (ON CAMPUS)	\$11
CVEC-3520-CVS1 NOV 3 - 10	11:30 AM - 1 PM
BIOFILIA: OUR CONNECTION TO NATURE (ONLINE)	\$48
CVEC-5844-DLS1 OCT 6 - NOV 24	10 AM - NOON
BRIDGE - INTRODUCTION TO MODERN BIDDING (ON CAMPUS)	\$44
CVEC-6252-CVS1 OCT 6 - NOV 24	1 - 2:30 PM
BRIDGE - PLAY THE HAND, DEFEND THE HAND (ON CAMPUS)	\$44
CVEC-6253-CVS1 OCT 6 - NOV 24	11:30 AM - 1 PM
CANADA'S UKRAINIAN SETTLERS - 1891-1914 (ON CAMPUS)	\$7
CVEC-6225-CVS1 OCT 20	1 - 4 PM
CAR CARE (ON CAMPUS)	\$16.50
CVEC-6173-CVS1 OCT 27 - NOV 10	4 - 5:30 PM
CLOWNS: SERIOUSLY FUNNY (ON CAMPUS)	\$5.50
CVEC-6031-CVS1 NOV 3	10 - 11:30 AM
COMOX VALLEY SETTLER HISTORY (ON CAMPUS)	\$44
CVEC-6510-CVS1 OCT 6 - NOV 24	10 - 11:30 AM
DEVELOPMENTS IN CRIMINAL LAW SINCE 1975 (ON CAMPUS)	\$16.50
CVEC-3331-CVS1 OCT 13 - 27	11:30 AM - 1 PM
EMILY CARR CHRONICLES (ONLINE)	\$22
CVEC-2348-DLS1 OCT 20 - NOV 10	10 - 11:30 AM
FOSSILS AND EVOLUTION (ON CAMPUS)	\$44
CVEC-6324-CVS1 OCT 6 - NOV 24	1 - 2:30 PM

GEOLOGY AND VANCOUVER ISLAND (ON CAMPUS)	\$33
CVEC-6329-CVS1 OCT 20 - NOV 24	10 - 11:30 AM
KEEP YOUR EYES ON THE GOAL! (ON CAMPUS)	\$27.50
CVEC-3252-CVS1 NOV 3 - DEC 1	11:30 AM - 1 PM
OSTEOPATHY & SENIORS (ON CAMPUS)	\$5.50
CVEC-5632-CVS1 NOV 3	11:30 AM - 1 PM
RE-IMAGINING LONG-TERM CARE (ON CAMPUS)	\$5.50
CVEC-5719-CVS1 NOV 17	10 - 11:30 AM
SENIORS & FUNCTIONAL MOVEMENT (ON CAMPUS)	\$7
CVEC-5631-CVS1 OCT 27	11:30 AM - 2:30 PM
THE LAW OF DEFAMATION (ON CAMPUS)	\$11
CVEC-3336-CVS1 OCT 13 - 20	4 - 5:30 PM
WHO KNEW WRITING COULD BE FUN? (ON CAMPUS)	\$42
CVEC-2337-CVS1 OCT 20 - NOV 18	1 - 4 PM
WRITERS' WORKSHOP (ON CAMPUS)	\$56
CVEC-2310-CVS1 OCT 6 - NOV 24	2:30 - 5:30 PM

SATURDAY

No classes November 11

ARTIST TALK 1: PETER SHOSTAK (ON CAMPUS)	\$5.50
CVEC-1403-CVS1 NOV 4	1 - 2:30 PM
ARTIST TALK 3: DANIEL NEEDHAM (ON CAMPUS)	\$5.50
CVEC-1405-CVS1 NOV 25	1 - 2:30 PM
LET'S TALK ABOUT DEATH (ON CAMPUS)	\$5.50
CVEC-5701-CVS1 NOV 4	2:30 - 4 PM
LET'S TALK ABOUT DEATH (ON CAMPUS)	\$5.50
CVEC-5701-CVS2 NOV 25	2:30 - 4 PM
WHAT'S AN END-OF-LIFE PLAN? (ON CAMPUS)	\$22
CVEC-5767-CVS1 OCT 21 - NOV 11	1 - 2:30 PM

FALL LECTURE SERIES: LOOKING FORWARD: OUR CHANGING WORLD \$36 FOR ALL OR \$6 EACH

CVEC-9000-CVS1 (ENTIRE SERIES)
SEE PAGES 9 - 10 FOR INDIVIDUAL LECTURE DETAILS
CVEC-9001-CVS1 OCT 14 10 AM TO NOON
CVEC-9002-CVS1 OCT 21 10 AM TO NOON
CVEC-9003-CVS1 OCT 28 10 AM TO NOON
CVEC-9004-CVS1 NOV 4 10 AM TO NOON
CVEC-9005-CVS1 NOV 18 10 AM TO NOON
CVEC-9006-CVS1 NOV 25 10 AM TO NOON