

2022-23 CVEC EXECUTIVE

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Executive Message

By Deirdre Longenecker

CVEC Executive Committee

Member-at-Large

To new and continuing students of Comox Valley ElderCollege: **Welcome** to an exciting new year of discovery and growth at CVEC!

ElderCollege, which offers short, low-cost and fun courses for people aged 55 and older, is back this fall with a new slate of course offerings. We offer live, in-person courses, as well as online courses through Zoom. We are also hoping to offer a hybrid option for our Saturday Lecture Series – in other words, either live in the Stan Hagen Theatre, or live on your computer.

Our ElderCollege at North Island College (NIC) is alive with the enthusiasm and enquiring minds of both new and returning learners, course leaders, staff and volunteers! We are all looking forward to a stimulating slate of fall and winter courses. We've been hard at work finding instructors who have passions and areas of expertise they want to share, and we've been really fortunate to have a lot of wonderful people come out and offer to share their expertise with **you**!

After more than 22 years in the Comox Valley, ElderCollege is offering about 50 courses this fall, all without tests or assignments – you just have to want to learn something new.

We eagerly look forward to meeting each of you. Have a wonderful, engaging, and fulfilling year ahead. Let today be the start of something new.

Learning is a treasure that will follow its owner everywhere

Chinese Proverb



Fall 2022 Lecture Series

First Nations Perspectives: Honouring the Past, Exploring the Present

Provided by:

Series coordinators Elizabeth Johnson, Bonnie Luterbach, Cathie Talbot



House front design of I-Hos, incorporating a whale, "Queneesh", and the double headed sea serpent, "I-Hos" — creatures that represent important crests of the Comox people. The entrance pole was designed by Calvin Hunt in 1995 and carved with the assistance of his nephew Mervyn Child and cousin Geary Cranmer. (Credit: Comox Valley Record)

"Awi'nakola: we are one with the land, sea and sky."

For thousands upon thousands of years Indigenous people have occupied what is now called Vancouver Island. They have been the traditional keepers of this land and have lived in harmony and respect with the land and the water. Dances and songs tell the stories of their heritage. Languages and ritual help preserve their culture.

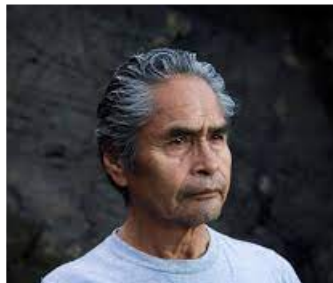
The **Fall 2022 Lecture Series**, scheduled for Saturdays 10:00 am - 12:00 noon, October 1, 2022 - November 26, 2022 (excluding October 8 and November 12), will explore some of the culture and history of the Island through a First Nations lens. In this lecture series we will hear from artists and historians, knowledge-keepers and storytellers, educators and caretakers of culture.

The seven speakers for this series will share their insights into the role of traditional and contemporary art, the complicated history and legacy of the Vancouver Island Treaties, the gifts and opportunities for healing offered by language revitalization, the history and cultural significance of the potlatch ceremony, the wisdom and roles of the Knowledge Keepers, the challenges inherent in on-reserve housing systems, and the crucial preservation of heritage obtained through the repatriation of cultural artifacts.

Speaker bios on pages 3 and 4.

Lecture Series Speakers

Joe Martin



Mr. Martin is dedicated to the art and tradition of carving the ocean-going dugout canoes that connected the villages of the northwest coast of Vancouver Island. He is well-known in the

Clayoquot Sound area for his art and skill and has built 62 canoes. Locally, he supervised the construction of the new K'omoks canoe.

Dr. Neil Vallance

Dr. Vallance is a historical researcher who has spent over 20 years preparing ethno-historical reports on claims by First Nations that Canada has breached the terms of the Vancouver Island treaties of 1850-1854. His doctorate from the UVic Faculty of Law focused on the formation of Vancouver Island treaties.



Ṭṭakwama'ogwa, Sara Child



Ms. Child is a researcher and educator specializing in Indigenous language revitalization. She works at North Island College and is passionate in her belief that revitalizing Indigenous languages will create pathways to healing, equity, and the resurgence of wellness for Indigenous people and nations.

Dr. Lorna Wanosts'a7 Williams

Dr. Williams lost her language as a child attending St. Joseph's Mission residential school. Before retiring, she was the Canada Research Chair in Indigenous



Knowledge and Learning at UVic. Dr. Williams is currently chair of the BC First Peoples Cultural Foundation and a member of the Canadian UNESCO work group for the Decade of Indigenous Languages.

Wedlidi Speck

Mr. Speck is a hereditary chief and recognized historian, storyteller, and spiritual leader. He is currently Director of Indigenous Recruitment and Cultural Safety with the BC Ministry of Children and Family Development.



Dr. Evelyn Voyageur

Dr. Voyageur has worked in hospitals and communities in Alberta and B.C., and has taught and developed nursing curricula at UVic and NIC. In her current role as Elder-in-Residence at North Island College, she guides curriculum, mentors students, and brings First Nations' ways of knowing into classrooms.



Dr. Sylvia Olsen



Dr. Olsen is an adult educator and trainer who has worked in the field of on-reserve housing across Canada for many years. She has served on national and provincial boards and committees,

advocating for change to government policy. Dr. Olsen also taught housing management at Vancouver Island University and is an award-winning author of books in a wide variety of genres.

Juanita Johnston

Ms. Johnston is the Executive Director of U'mista Cultural Centre in Alert Bay. She has worked there in various capacities since 1989, supporting membership, maintaining and researching collections, developing exhibits, and coordinating repatriation efforts.



Volunteer Opportunities

Be part of a collaborative team and learn the inner-workings of Comox Valley ElderCollege (CVEC) in these important roles. Please consider filling out the Volunteer Form found at www.nic.bc.ca/eldercollege-cv.

Curriculum Committee

Become involved in CVEC's raison d'être, working behind the scenes to bring life-long learning to our members.

Subject Coordinator - Language and Literature

Subject Coordinators liaise with current Course Leaders and seek out new ones in their subject area. Language and Literature courses have included Canadian Short Stories, From Page to Stage and Writing Workshops.

Operations Support Committee

Member-at-Large

This committee is responsible for facilitating the development of CVEC administrative policy. Members-at-Large review, research and draft policy documents to ensure the smooth operation of CVEC programs.

Volunteer Support Committee

Recruitment Coordinator

This person liaises with Co-Chairs to determine their requirements, advertises vacant positions, conducts an initial conversation with applicants and refers people to Co-Chairs for consideration.

Event Coordinator

In collaboration with committee members, this person takes the lead role in finding a venue, catering, speakers and entertainment for the Spring Appreciation Event.

Communications Committee

Speakers' Bureau Coordinator

As community groups are meeting again with COVID restrictions easing up, this committee is reinstating the Speakers' Bureau. The Coordinator arranges for speakers with CVEC experience and good communication skills to address the various clubs and organizations in the Comox Valley with a view to publicizing the advantages and joys of CVEC membership.

Fall Course Preview

Medieval History - Weather or Not (4 weeks online)

Instructor: Dr. Alana Gowdy

There have been several times in history when weather has determined the outcome of events. This course will study examples, mainly medieval, when changes in the weather had a major impact. Topics include the 1066 Norman invasion of England, the Great Famine of 1315, and the Battle of Towton, 1461.



Scenic Hikes (No Dogs) (8 weeks offsite)

Instructor: Ted Grainger

Come enjoy a weekly hike! Pack a lunch, revisit the familiar and, perhaps, discover some new trails we will travel once a week, as far south as Bowser and north to Campbell River. Car pooling is still not recommended at this time, so you will need to provide your own transportation. The hikes cover variable and occasionally challenging terrain and are not suitable for those with mobility issues or those who would prefer a gentler walk.



You, Too, Can Draw! (1 week on campus)

Instructor: Libby Lang

Using simple objects, non-artists will create two beautiful life drawings. In the process, you will learn art terminology and how to apply it to create realistic renderings. Results guaranteed! Explore line, shape, composition, texture, shading, background, and the colour wheel in this hands-on class. A \$3 fee will be charged at registration for class materials.



Climate Solutions Action Workshop (5 weeks online)

Instructors: Joan Gillies and Kari Nelson

A workshop about climate solutions based on the research of Project Drawdown. Building a supportive community is an essential element of this interactive course. Participants will develop action plans at individual, family and friends, community, and/or policy levels and learn skills to articulate these to others. This course is for the curious and caring who are ready to roll up their sleeves to improve our planet.

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@ComoxValleyElderCollege



ElderCollege is active on Facebook. **Follow** us, **Like** us, and **Share** posts. Help us get the word out about upcoming events, course announcements and opportunities for diverse, vibrant and affordable education for adults 55+.

Fall Information Forum

Mark your calendars for Saturday, September 17 between 9:00 a.m. and 11:00 for the Comox Valley ElderCollege's Fall 2022 term's Information Forum. The Forum can be attended in-person at the NIC Comox Valley Campus Stan Hagen Theatre or online via Zoom.

Attending the Forum will be an opportunity to view course leaders presenting information that supplements the Course Guide. The Fall 2022 course registration will then open the week of September 19. Many past attendees have remarked that, from attending the Forum, they became aware of – and then registered for – interesting courses of which they would have otherwise missed.

More information about the Forum will be provided in the Course Guide, which will be emailed to members and made available to the public at libraries and rec centres.

Important Dates

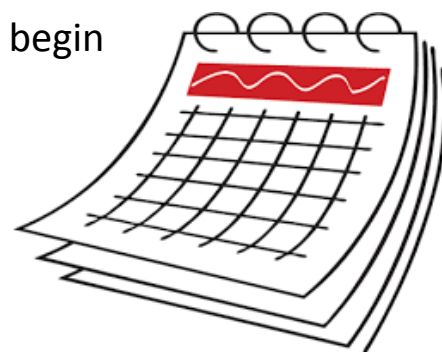
Late August-Early September
Fall Course Guide available

September 17
Fall 2022 Information Forum

Week of September 19
Fall 2022 course registration opens

October 1
Fall Lecture Series begins

October 3
Fall courses begin



A couple of “feel good” stories for your summer musings



They say money doesn't grow on trees, but there's a dog in Colombia that would certainly argue with that. The clever pooch started paying for biscuits with tree leaves after seeing students pass bank notes to a food stall attendant in exchange for the tasty treats. He decided to try it for himself one day, and after getting the result he wanted, he's been doing it ever since.



'Doodlebug', an orphaned baby kangaroo was found abandoned on the side of the road when he walked up to a human, held out his arms, and asked to be picked up. His rescuer later gave him a teddy bear, and he wouldn't stop hugging it.