COMOX VALLEY ELDERCOLLEGE

2022-23 CVEC EXECUTIVE

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Executive Message

By Solweig Williams Co-Chair, Communications Committee

DECEMBER 2022

Season's Greetings

It is December, a wonderful time of year to celebrate, decorate, feast, give, receive, connect with family and friends, and enjoy the outdoors as much as we do the comfort and safety of our homes. This year especially is a time to appreciate all the advantages that we have in the Comox Valley. We are indeed lucky.

We hope you have been enjoying the Connectors that are sent out to you every second month and posted on our website. A slight change has been made to the publication sequence of this newsletter to better coincide with changes for each term's Information Forum and registration dates, which will now take place one week later than in past years. Therefore, this issue is a shortened version, followed by the new Connector sequence beginning with January/February 2023.

Just as the purpose of the Connector is to keep you informed, our website also offers more information about our ElderCollege. You will find the current Course Guide, past copies of the Connector, short bios of our volunteer instructors, our history, governance, how to volunteer, and how to register.

From all of us to all of you, we wish you a truly happy holiday.

Merry Christmas from your Communications Committee:

Solweig Williams, Judi MacGillivray, Jill Lunde, Linda Hawk, Barbara Bruederlin, Elaine Graham, Jim Peacock

Winter Lecture Series

Herstory: BC Women of Note

Cher once said that women are the real architects of the world. In this lecture series, we will meet six women in British Columbia who have used their creativity and skills to design new worlds. Each of them has made extraordinary contributions in their fields. These Saturday morning lectures will give us a glimpse into marine science, astronomy, nursing and nurse practitioner, choral music, and the resurrection of Indigenous languages. Here's a preview of what we have to look forward to.

February 11: Nurse Practitioner on the COVID Frontline: Insights and Perspectives Instructor: Sarah Crowe

The purpose of this lecture is to help create a better understanding of role of nurse practitioners. It will also provide a glimpse into what it was like as a nurse practitioner working in the Intensive Care Unit (ICU) during COVID-19, exploring both the challenges and the successes.



February 25: Giving Voice: Six Decades of Singing Instructor: Fiona Blackburn

Fiona Blackburn will retrace her career from first solo at age six to her discovery that the greatest joy may be found encouraging others to find their own voice.



Through academic studies in voice, music education and choral conducting, work in opera and professional choirs, and even singing on Alaskan cruise ships—all these experiences have informed how she now leads groups in song. Be prepared to raise your voice!

March 4: Exploring language leadership through a localized lens

Instructor: Tłakwama'ogwa Sara Child

†łakwama'ogwa Sara Child will discuss her language revitalization project at NIC. The Sayakola Project is a groundbreaking, comprehensive program that brings together students and staff in a holistic learning environment, draws on local Elders, culture, language, and student strengths and is a response to the calls to action of



TRC. In her opinion, there can be no truth to truth and reconciliation without the full support for the revitalization of Indigenous languages.

March 11: The Deep Ocean: Life in our Last Wilderness

Instructor: Verena Tunnicliffe



We will travel the abyssal ocean throughout the Pacific to explore its vast and varied habitats. From B.C. to Tonga, deep ocean ecosystems display adaptations to extremes in temperatures, nutrients, and food. Our last pristine environment is now under threats from climate

change and ocean mining. The search for seafloor metals leads to seamounts, abyssal plains, and hydrothermal vents.

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March 18: A Nursing Perspective on the Evolving Context of MAID Instructor: Sally Thorne



Dr. Thorne will describe some of the remarkable changes in public dialogue and health-care delivery since medical assistance in dying (MAID) became legal in Canada in June 2016. Drawing on insights from her work in nursing leadership and her research on nurses' experiences

supporting patients and families with end-of-life decisions, she will reflect on our evolving collective sense of complex matters such as suffering and quality of life.

March 25: Planet Formation with ALMA Instructor: Brenda Matthews

Explore the formation of planets in our universe. This lecture showcases the results of 10 years of work by one of Canada's international observatories: ALMA. Learn what ALMA has taught us about how planets form in disks of cold gas and dust around young stars.



Important Dates

December-January Winter Course Guide available

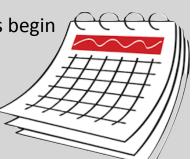
January 21 Winter 2023 Information Forum 9:30 - 11:30

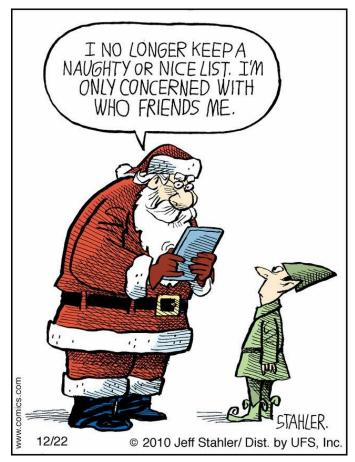
Week of January 23 Winter 2023 course registration opens

February 11 Winter Lecture Series begins

February 6

Winter courses begin





Speaking of which...FOLLOW and LIKE us on Facebook! @ComoxValleyElderCollege

