

## ACTIVITY ASSISTANT CERTIFICATE PROGRAM

### PROGRAM OVERVIEW

This part-time program is designed to provide post-basic training for individuals with previous Health Care Assistant (HCA) training and experience (formerly Home Support/Resident Care Attendant HS/RCA). Graduates will be prepared to work as Activity Assistants in a variety of settings.

***All students must have a desktop or laptop computer with a working camera, audio and Internet service in order to complete this program. This program will remain online regardless of any easing of Covid-19 restrictions.***

### PROGRAM CONTENT

Building on the HCA Program, students will explore the theory and skills necessary to work as an Activity Assistant. Students are introduced to activity as a part of life that influences, and is influenced by, health, age, interests, values, and environment. This completely online program consists of 3 virtual courses and 2 virtual practicum experiences. Topics include:

- A Framework for Practice (the Activity Assistant role)
- Activity for Well-Being
- Programming ideas for clients with cognitive impairments
- Two Practicums (one short, one longer)

### ADMISSION REQUIREMENTS

- Are you a health care grad? HCA, HSRCA, LPN? If so, you qualify for admission to a specialized part-time program.

#### **Spring 2023 Program Duration:**

**May 3, 2023 – August 9, 2023\***

***Online classes Held on Wednesday evenings (5-8PM) and Fridays 9AM-430PM - with 1 date exception.***

***Final Evaluation is held virtually on Wed, August 9, 2023, 5-8pm.***

**\*1 ONLINE SPECIAL CLASS**

**DATE / 1-Sunday class, 9-430PM**

**(May 21, 2023 ONLY).**

Tuition: Approx. \$3,100 - incl texts + NISU fees;  
(textbooks are provided by us - do not purchase them)

**\*\*NOTE: THE INFORMATION CONTAINED IN THIS DOCUMENT MAY BE SUBJECT TO CHANGE.**

**HSR 160, 161 and 162 COURSES HELD ONLINE;  
2 VIRTUAL PRACTICUMS - HSR 170 AND 171 -- ALL ONLINE!**



**NORTH ISLAND  
COLLEGE**

## 2023 SPRING

### ACTIVITY ASSISTANT PROGRAM SCHEDULE

**\*Days of ONLINE classes: Wednesdays 5-8PM & Fridays 9AM-430PM - with  
1 Sunday, 9AM-430PM (May 21, 2023)**

Course Title	Schedule
HSR 160 – Framework for Practice <b>Delivery Mode: Live Online</b> (30 contact hrs)	<b>May 3 - 19, 2023</b> <ul style="list-style-type: none"> <li>6 sessions: <b>Weds</b>, 5-8PM &amp; <b>Fridays</b>, 9AM–430PM</li> </ul>
HSR 161 – Activity for Well-Being <b>Delivery Mode: Live Online</b> (37 contact hrs)	<b>May 21 - June 9, 2023</b> <ul style="list-style-type: none"> <li>7 sessions: <b>Wed</b>, 5-8PM &amp; <b>Fri</b>, 9AM– 430PM  <b>(1 Sunday only 9AM - 430PM - May 21, 2023)</b></li> </ul>
HSR 170 – Practice Experience 1 <b>Delivery Mode: Self-Paced, Online</b> (30 contact hrs)	<b>June 10-15, 2023 (Sat to Thu)</b> <ul style="list-style-type: none"> <li>Virtual assignments completed and submitted online - <b>no in-facility work</b></li> </ul>
HSR 162 – Programming for Individuals with Cognitive Impairments <b>Delivery Mode: Live Online</b> (50 contact hrs)	<b>June 16 - July 19, 2023</b> <ul style="list-style-type: none"> <li>10 sessions: <b>Weds</b> 5-8PM &amp; <b>Fridays</b> 9AM–430PM.</li> </ul>
HSR 171 – Practice Experience 2 <b>Delivery Mode: Self-Paced, Online</b> (90 contact hrs)	<b>July 20 - August 9, 2023 w/ final evaluations on Wed, Aug 9, 2023, 5-8PM (must attend)</b> <ul style="list-style-type: none"> <li>Virtual assignments completed and submitted online - <b>no in-facility work</b></li> </ul>

*The information contained in this schedule is accurate at the time of printing. North Island College reserves the right to make such changes as necessary, including cancellation and adjustment of courses. Although students are learning online, all learning outcomes will reflect what is required for in-classroom programming.*